

# SUGAR BOWL LEARN WITH THE LADIES

January 8 & 9, 2010

A sampling of comments

It was the best experience. Shelly

She (Laura, snowboard coach) was amazing. I learned more today than I have in 2 seasons on my own. Kimberly

Patty (ski coach) offered a great balance of instruction and comradeship. Rose

Her (Patty, ski coach) tips were great! Some immediately made sense, others sank in slowly. Stacey

Awesome – had a great time – learned how to ski moguls! The light bulb came on!!! Marcella

(My instructor had) very practical ideas and drills. Terrific attitude – lots of fun. Explanations of what the turn should FEEL like. Connie

Billie was great; she was very good at designing drills that pinpointed things that needed work. Katie

The most helpful and favorite parts of the day (was) the instruction and practice – one on one small group – yoga – lunch, wine and cheese. Trish

My instructor (Jeannie, ski coach) was very good. She gave insightful and useful hints. Cammie

I really felt it all come together with the orange ribbon trick. (Most favor part of the day was) the start of the day (with the) balancing exercises without the skis was very helpful, too. Shari

This is my 2<sup>nd</sup> clinic. I love it and am glad to take it earlier in the season. Helen

(Most helpful part of the day was) use of feet and ankles – steering ski vs. edging. Sarah

The ladies that participated were a hoot. Great energy and fun conversation. Alison

(Most helpful part was) the instructor! She knew exactly what I needed to improve my skiing and my confidence. Jennifer

Yes, I thought it (the clinic) was very well run, easy to register, and we got a lot of skiing in. Wendy

Janet (ski coach) was terrific. She was very clear and I could tell that I was making progress. She really helped on all aspects of turning and using poles. Gwendy