

The GateWay Mountain Center – *for Place-Based Learning and Adventure*  
P.O. Box 995, Soda Springs CA. 95728  
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## **Mountain Adventure Camp Ages 11-14**

### **Week One – Water Theme**

#### **Everyday Schedule**

9:00am Meet at Sugar Bowl Village Lodge Deck  
4:30pm Parent pick up at Sugar Bowl Village Lodge

**Monday:** Theme **“Donner Summit Natural History Intro”**  
All Day: On the Trail: Flora Lake Hike. Overview of area geology, and forest ecology. With nature games and reflection activities.  
Fantastic swimming in a pristine alpine lake . Water color painting

**Tuesday:** Theme **“Kayaking and Wetlands”**  
Morning Flatwater Kayaking at Donner Lake (East End)  
Afternoon Explore Donner State Park

**Wednesday:** Theme **“Human History and Rock Climbing”**  
Morning: On the Trail: Walk back in time, exploring the railroad tunnels, emigrant trail, and the Native American special sites  
Afternoon Rock Climbing at School Rock

**Thursday:** Theme **“Wetlands and Rafting”**  
Morning Hike to Van Norden Meadow. Explore the meadow, collecting aquatic insects, and searching for toads and snakes.  
Afternoon Whitewater Rafting – Truckee River

**7:00pm Campfire at Lake Mary, families of campers welcome**

**Friday:** Theme **“Peak Hike, Geology, Beach Party”**  
On the trail – Hike Donner Peak. Spectacular geologic overview and old growth forest

3:00pm – 4:30pm: Final Camp Party at Lake Mary, **Parents are welcome**

#### **Parent Pick up at Lake Mary 4:00-4:30pm**

The core activities are rounded out with nature games, art, sensitizing and reflection activities, and journaling.

## **Mountain Adventure Camp Ages 11-14**

### **Week Two Rock Theme**

#### **Everyday Schedule**

9:00am Meet at Sugar Bowl Village Lodge Deck  
4:30pm Parent pick up at Sugar Bowl Village Lodge

#### **Monday: Theme “Rock Climbing and Swimming”**

Morning: On the Trail: Walk back in time, exploring the railroad tunnels, emigrant trail, and the Native American special sites  
Afternoon Rock Climbing at School Rock

#### **Tuesday: Theme “Donner Summit Natural History Intro”**

On the Trail: Flora Lake Hike. Overview of area geology, and forest ecology. With nature games and reflection activities.  
Fantastic swimming in a pristine alpine lake . Water color painting

#### **Wednesday: Theme “Rock Climbing and History/Domes Adventure”**

Morning: On the Trail: Walk back in time, exploring the railroad tunnels, emigrant trail, and the Native American special sites  
Afternoon Rock Climbing at School Rock

#### **Thursday: Theme “Wetlands and Rafting”**

Morning Hike to Van Norden Meadow. Explore the meadow, collecting aquatic insects, and searching for toads and snakes.  
Afternoon Whitewater Rafting – Truckee River

7:00pm Campfire at Sugar Bowl, families of campers welcome.

#### **Friday: Theme “Peak Hike, Geology, Beach Party”**

On the trail – Hike Donner Peak. Spectacular geologic overview and old growth forest  
3:00pm – 4:30pm: Final Camp Party at Lake Mary, **Parents are welcome**

### **Parent Pick up at Lake Mary 3:30pm-4:30pm**

The core activities are rounded out with nature games, art, sensitizing and reflection activities, and journaling.