

Sugar Bowl Snowboard Team

SCHEDULED TRAINING DAYS 2009-2010

Orientation – Nov. 15, 2009

NOVEMBER						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	S
20SL	21	22	23	24	25	26
27	28	29	30	31		

JANUARY						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9SS
10HP	11	12	13	14	15	16
17	18	19	20	21	22	23BX
24HP	25	26	27	28	29	30SS
31HP						

FEBRUARY						
S	M	T	W	T	F	S
	1	2	3	4	5	6GS
7SL	8	9	10	11	12	13
14	15	16	17	18	19	20BX
21SS	22	23	24	25	26	27BX
28SL						


MARCH						
S	M	T	W	T	F	S
	1	2	3	4	5	6GS
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

APRIL						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

 Normal Progression Practice 47 days

 Boreal Night Practice Comp. Team 4-8pm

 U.S.A.S.A Nationals???

 Orientation / Season end wrap up

 Competition Key

GS=Giant Slalom

SL=Slalom

SS=Slopestyle

HP=Halfpipe

BX=Boarder cross